



## Muffin Boutique Platter Menu & Price list

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### THE MUFFIN BOUTIQUE PLEDGE

Muffin Boutique® pledges to use the finest healthy ingredients in making its wholesome fresh products baked daily. **We will never use any hydrogenated fats, preservatives, artificial colors, or flavors in any of our baked products.** Customer satisfaction is of premium importance.

*WE CARE ABOUT THE FOOD YOU EAT*

### PLATTERS

#### Large bagel platter – 260 NIS

- 20 assorted regular and whole wheat bagels
- Spreads – 750 gram assorted cream cheese, 425 gram tuna salad, 300 gram egg salad
- Cut vegetables – tomato, cucumbers, red & yellow peppers, red onions
- *Special – get 20 mini muffins at 50% Off (40 NIS)*

*Note: You may substitute 250 cream cheese for tuna or egg for an additional cost of 10 NIS*

#### Large deluxe bagel platter – 350 NIS

- 20 assorted regular and whole wheat bagels
- Spreads
  - 500 gram assorted cream cheese
  - 425 gram tuna salad
  - 300 gram egg salad
  - 300 gram smoked salmon
  - 300 gram sliced yellow cheese
- Cut vegetables – tomato, cucumbers, red & yellow peppers, red onions
- *Special – get 20 mini muffins at 50% Off (40 NIS)*





### Medium bagel platter – 210 NIS

- 15 assorted regular and whole wheat bagels
- Spreads – 500 gram assorted cream cheese, 350 gram tuna salad, 275 gram egg salad
- Cut vegetables – tomato, cucumbers, red & yellow peppers, red onions
- *Special – get 15 mini muffins at 50% Off (30 NIS)*

*Note: You may substitute 250 gram cream cheese for tuna or egg for an additional cost of 10 NIS*

### Small bagel platter – 150 NIS

- 10 assorted regular and whole wheat bagels
- Spreads – 250 gram cream cheese, 300 gram tuna salad, 250 gram egg salad
- Cut vegetables – tomato, cucumbers, red & yellow peppers, red onions
- *Special – get 10 mini muffins at 50% Off (20 NIS)*

### Small deluxe bagel platter – 230 NIS

- 10 assorted regular and whole wheat bagels
- Spreads
  - 250 gram cream cheese
  - 300 gram tuna salad
  - 250 gram egg salad
  - 150 gram smoked salmon
  - 150 gram sliced yellow cheese
- Cut vegetables – tomato, cucumbers, red & yellow peppers, red onions
- *Special – get 20 mini muffins at 50% Off (40 NIS)*

### Tortilla platter 380 NIS

- 40 tortilla halves filled with tuna, egg salad, cream cheese and avocado with cut peppers and cucumbers on a bed of lettuce

### Vegetable stick platter 120 NIS

- Platter of carrot cucumber and pepper sticks with cherry tomatoes and baby corn centered with a vegetable dip. Select from garlic cheese, thousand islands, hummus or garlic dressing





**Smoked salmon platters 240 NIS**

- 1 kilo of Individually rolled smoked salmon artfully decorated with assorted vegetables on a bed of lettuce

**Cheese platters 220 NIS**

- Decorated cheese platter with a combination of yellow cheese, feta cheese, mozzarella and Bulgarian

**Muffin platter 150 NIS**

- 20 assorted muffins with a minimum of 4 different flavors

**Mini muffin platter 125 NIS**

- 40 mini muffins with a minimum of 4 different flavors

**Brownie bite platter (gluten free) 125 NIS**

- Tray of brownie bites (approximately 35-40 pieces)

**Biscotti platter 110 NIS**

- 1 kg. assorted chocolate chip and chocolate pecan biscotti

**Fruit platter – regular or extra large 190 / 250 NIS per platter**

- Fresh seasonal fruit artfully displayed in a stunning arrangement of colours and flavours

**Spinach/Mushroom lasagna 170 NIS per tray (serves 15-20)**

- Your choice of spinach or mushroom lasagna made with low fat cottage cheese and a flavorful tomato sauce with a hint of oregano

**Quiche 140 NIS per pie (serves 12-15)**

- Your choice of spinach, mushroom, sweet potato, broccoli, tomato basil, cauliflower, pepper goat cheese or onion quiche made with all natural ingredients in a flakey buttery crust





### Baked salmon filet

260 NIS per filet (serves 20-25)

- Salmon filet with your choice of teriyaki sesame sauce, honey Dijon mustard or poached and served with yogurt dill sauce





## SALADS

160 NIS per large salad bowl (4 litre) – each 4 litre serves between 12 – 15 people

### Mango or strawberry nut salad

Lettuce leaves, fresh mango or strawberry, red onion, Bulgarian cheese, caramelized nuts with a raspberry poppy seed dressing

### Cabbage salad

Ribbons of purple and red cabbage, shredded carrots, scallions, almond, sesame seeds, ramen noodles with a creamy dressing

### Spinach heart of palm salad

Fresh spinach, hearts of palms, cherry tomatoes and almonds in a rice vinaigrette dressing

### Baby lettuce goat cheese

Fresh baby lettuce leaves with goat cheese, granny smith apples and a drizzle of a tangy vinaigrette dressing

### Green bean mango

Green beans, avocado, mango, sunflowers seeds and pecans in a honey mustard vinaigrette

### Citrus salad

Salad greens, sliced orange and grapefruit with red onion, avocado in a poppy seed dressing

### Creamy garlic salad

Lettuce, cucumbers, mushrooms, cherry tomatoes, with our very own spice bagel chips in a creamy garlic dressing

### Greek salad





Lettuce, cucumbers, tomatoes, peppers, red onion, black olive, feta cheese in a tangy dressing

Greek pasta salad

Pasta, cucumbers, tomatoes, peppers, black olives, feta cheese in a tangy dressing

Peanut butter pasta salad

Pasta cooked al dente in a creamy Asian peanut butter sauce

Sesame noodles

Pasta cooked al dente, scallions, toasted sesame seeds in a garlic rice vinegar and soy sauce dressing

Quinoa salad

Quinoa, parsley, mint, basil, dried cranberries, sunflower seeds in a piquant curry dressing

Crunchy couscous salad

Whole wheat couscous simmered in cinnamon, ginger, cumin and turmeric tossed with carrots, granny smith apples and chickpeas and topped with toasted sunflower seeds and currants

Berry blue salad

Baby leaves, dried cranberries, walnuts and feta cheese in a blueberry dressing

Mixed baby greens and avocado

Baby greens, avocado, red pepper, crisps, pumpkin seeds in a sweet curry dressing

*\* Salad ingredients subject to availability and certain ingredients may be substituted at the chefs' discretion. Some salads may not be available during certain times of the year*





## SOUPS

60 NIS per liter. Each liter is 3-4 portions

Split pea

Classic thick pea soup with cheery medallions of carrots

Zucchini red lentil

Zucchini seasoned with fresh dill, thickened with red lentils

Green lentil

Lentils, leeks, and carrots in a tomato-wine broth

Mushroom barley

Thick barley soup dotted with fresh mushrooms

Orange

Selection of pureed orange vegetables with homemade coconut milk

Carrot apple

Mellow carrot gently spiced with the addition of tangy granny smith apples topped with toasted almonds





## DESERTS

- Cheese cake 26 cm / 18 cm 165 NIS / 135 NIS  
American style rich cheese cake topped with a choice of caramel, chocolate ganache, blueberry or raspberry
- Apple pie (vegan) 120 NIS  
Tart granny smith apples in a flaky melt in your mouth crust
- Apple blueberry pie (vegan) 125 NIS  
A mixture of tart granny smith apples and whole blueberries in a flaky melt in your mouth crust
- Chocolate tart (vegan) 130 NIS  
Rich dark chocolate ganache in a ground almond crust
- Chocolate caramel tart 145 NIS  
Dark chocolate ganache filled with rich caramel on a buttery cookie crust
- Chocolate peanut butter pie 145 NIS  
All natural creamy butter filled chocolate pie in a peanut butter cookie crust
- Strawberry tart (vegan) 130 NIS  
Fresh strawberry custard in a ground nut crust
- Cupcake platter 210 NIS  
Assortment of 40 chocolate and vanilla iced cupcakes
- Cookie platter 120 NIS  
One kilo of assorted of cookies from the following selection
- chocolate chocolate chip
  - peanut butter chocolate chip







- oatmeal chocolate chip
- zebra cookies
- Butter cookies
- Others being added all the time

### Extras

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|---|-------------------|
| • 6 bagels                              | 29 NIS            |
| • 6 Muffins                             | 45 NIS            |
| • 6 iced chocolate cupcakes (vegan)     | 45 NIS            |
| • 6 mini muffins                        | 19 NIS            |
| • Cream cheese (5%, 25% or garlic dill) | 7 NIS / 100 gram  |
| • Tuna salad                            | 10 NIS / 100 gram |
| • Egg salad                             | 10 NIS / 100 gram |
| • Smoked salmon                         | 25 NIS / 100 gram |
| • Biscotti                              | 29 NIS / 250 gram |
| • Brownie bites (gluten free)           | 29 NIS / 250 gram |
| • Bagel chips                           | 15 NIS / 150 gram |

### Delivery

For orders in Greater Jerusalem area and Western Gush Etzion, delivery for orders over 500 NIS is free. For orders under 500 NIS, please consult the following table

Orders from 100 – 199	50 NIS
200 – 299	40 NIS
300 – 399	35 NIS
400 – 499	30 NIS

Call for prices for delivery outside these areas and hospitals.

